

1=not at all confident

5=very confident

1	2	3	4	5
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**How confident are you that you will be able to:**

1. Study effectively on your own in independent/private study.	1	2	3	4	5
2. Produce your best work under assessment conditions.	1	2	3	4	5
3. Respond to questions asked by a lecturer in front of a full class.	1	2	3	4	5
4. Manage your workload to meet coursework deadlines.	1	2	3	4	5
5. Give a presentation to a small group of fellow students.	1	2	3	4	5
6. Attend most taught sessions.	1	2	3	4	5
7. Attain good grades in your work.	1	2	3	4	5
8. Engage in meaningful academic debate with your peers.	1	2	3	4	5
9. Ask lecturers questions about the material they are teaching in a one-to-one setting.	1	2	3	4	5
10. Ask lecturers questions about the material they are teaching during a lecture.	1	2	3	4	5
11. Understand the material outlined and discussed with you by lecturers.	1	2	3	4	5
12. Follow the themes and debates in lectures.	1	2	3	4	5
13. Prepare thoroughly for tutorials.	1	2	3	4	5
14. Read the recommended background material.	1	2	3	4	5
15. Produce coursework at the required standard.	1	2	3	4	5
16. Write in an appropriate academic style.	1	2	3	4	5
17. Ask for help if you don't understand.	1	2	3	4	5
18. Be on time for lectures.	1	2	3	4	5
19. Make the most of the opportunity of studying for a degree at university.	1	2	3	4	5
20. Pass assessments at the first attempt.	1	2	3	4	5
21. Plan appropriate revision schedules.	1	2	3	4	5
22. Remain adequately motivated throughout.	1	2	3	4	5
23. Produce your best work in coursework assignments.	1	2	3	4	5
24. Attend tutorials.	1	2	3	4	5